

QUALITY EXPANDED LEARNING OPPORTUNITIES HELP BUILD LIFELONG SUCCESS

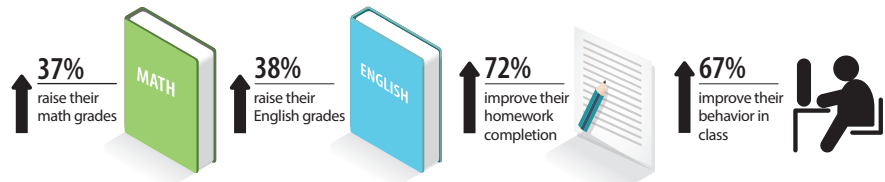


Students who regularly participate in quality expanded learning opportunities demonstrate...

STRONGER ACADEMIC PERFORMANCE

Afterschool and summer programs can increase student engagement with learning by providing opportunities for hands on learning and team building, attention from adult instructors, access to computer labs or educational technology, and fostering higher aspirations for educational attainment. Expanded learning opportunities also have the potential to reduce the achievement gap between students of differing races, ethnicities or socio-economic backgrounds.

- ◆ More time spent expanding learning in after school and summer programs is associated with:
 - Better work habits
 - Improved academic performance and GPA
 - Gains in self-efficacy
 - Increased attendance and fewer school absences¹



Annual teacher-reported performance data from 21st CCLC grantees across the country.

BETTER SOCIAL, EMOTIONAL AND PHYSICAL WELL-BEING

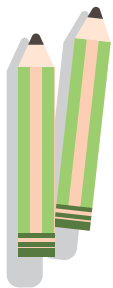
Youth face significant challenges to the growth and maintenance of healthy self-esteem and physical well-being. Those youth who do not participate in afterschool and summer programs are more likely to skip classes, abuse drugs, alcohol and tobacco and engage in sexual activity or delinquent behavior.

A number of 21st CCLC evaluations have found that students participating in afterschool programs see improvements in their ability to interact with others.

- ◆ Students participating in quality afterschool programs see significant increases in their self-perception, self-confidence and self-esteem.
- ◆ Afterschool programs have the ability to help students improve their behavior and avoid situations that negatively impact their academics and future aspirations. A number of studies have shown that students participating in afterschool programs have a decrease in school-day problematic behaviors.²

¹ Expanding Learning & Afterschool: Opportunities for Success, 2013; ² Keeping Kids Safe and Supported in the Hours After School, Afterschool Alliance 2014

EXPANDED LEARNING OPPORTUNITIES MATTER...



New research demonstrates that more consistent time in afterschool activities during the elementary school years is linked to **narrowing the gap in math achievement** at grade 5.ⁱ



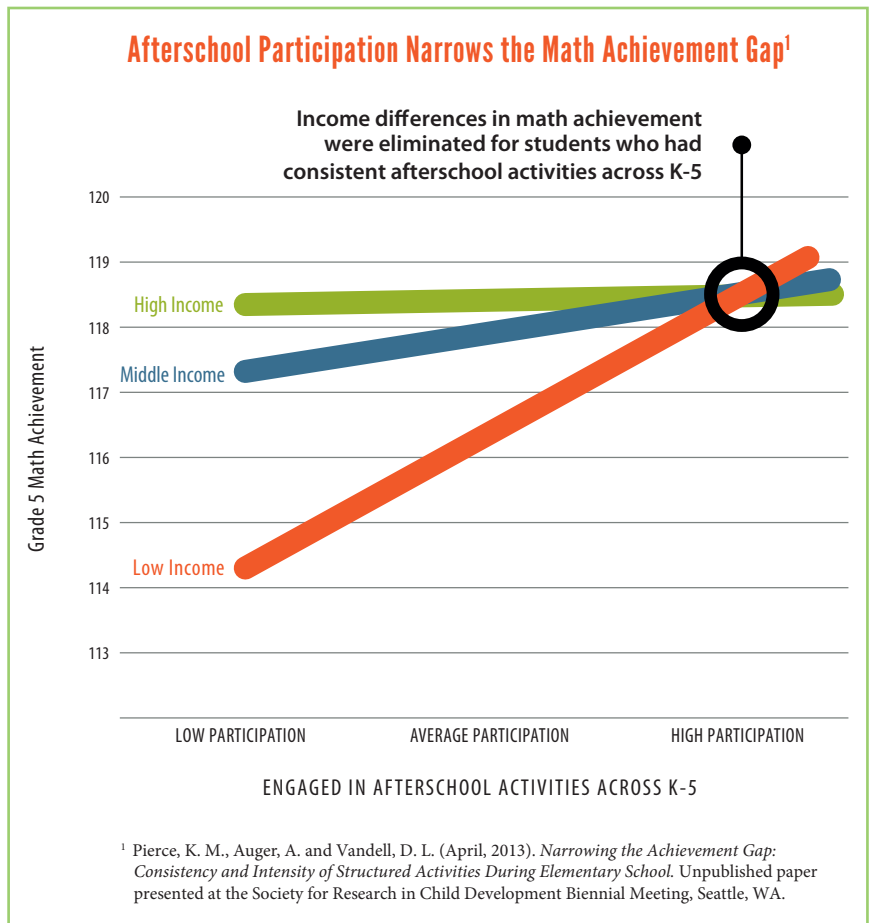
Youth participating in afterschool programs are **half as likely to smoke, drink or use drugs**, and one-third less likely to become teen parents, than their peers.



Research shows that afterschool programs can improve academic achievement and help prepare young people for the 21st Century workplace. Hands-on learning projects help youth **develop critical thinking, leadership and team building skills**—skills we need to be competitive in the global marketplace.ⁱⁱ



An ever growing body of research points to the role afterschool programs play supporting students from elementary school through high school to make academic gains—including literacy—as well as **improve engagement in school**, which in turn can help school-day performance.ⁱⁱⁱ



New research by several state education agencies found that teachers report that students regularly participating in 21st CCLC programs show **improvements in homework completion, class participation, and reading and math achievement scores.**

ⁱ Expanded Learning & Afterschool: Opportunities for Success, 2013;

ⁱⁱ Afterschool Alliance, 2013; ⁱⁱⁱ American Institutes for Research, 2015;

ⁱⁱⁱ Taking a year round approach to literacy, afterschool alliance, 2016.



Beyond School Bells

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